

1.- ORGANIZATION

The RADIKAL SWIM Swimming Club, together with the Llafranc Yacht Club, the Calella Sailing Club, the Palafrugell Athletic Club, the Catalan Swimming Federation and the Oncolliga Girona Foundation organizes the open water swimming race "RADIKAL OCEAN 52".

2.- DATA SHEET

When: Saturday 12th and Sunday 13th October 2024.

2.1.- Radikal ocean52 7.0

***It is part of the Circuit Català de Travessies (FCN), scoring according to CCT regulations.**

- Distance: 7.0 km
- Track: Platja d'en Calau (Calella de Palafrugell) - Illes Formigues - Platja de Llafranc.
- Day: 12th October
- Departure time: 9:00 AM
- Starting swimming point: Platja d'en Calau (Calella de Palafrugell)
- Time for completing the race: 3 hours. The organization reserves the right to modify the duration of the competition and/or transferring participants, if needed. This will depend on the weather conditions and/or the rhythms of the participants.
- The participation of swimmers from clubs affiliated to the Catalan Swimming Federation will be made with the license of the 2024-25 season (valid from October 1st). The license of the season 2023-24 (valid until September 30) will not be valid.



2.2.- Radikal ocean52 3.5

- Distance: 3.5 km
- Track: Illes Formigues - Platja de Llafranc.
- Day: 12th October
- Participants will be transferred with a boat to the starting point, "Illes Formigues". It is mandatory that all participants use the boat provided by the organization. The race starts from the sea.
- Departure boat time and location: 8:45 h AM - Platja de Llafranc.
- Starting swimming point: 9:45 – 10 AM
- Time for completing the race: 2 hours. The organization reserves the right to modify the duration of the competition and/or transferring participants, if needed. This will depend on the weather conditions and/or the rhythms of the participants.

2.3.- Radikal ocean52 2.0

- Distance: 2.0 km
- Track: Playa d'en Calau (Calella de Palafrugell) - Platja de Llafranc.
- Day: 12th October
- Starting swimming point: Playa de Calau (Calella de Palafrugell)
- Departure time: 12:30 AM
- Time for completing the race: 1.5 hours. The organization reserves the right to modify the duration of the competition and/or transferring participants, if needed. This will depend on weather conditions and/or the rhythms of the participants.

2.4.- Radikal Kids

- Distance: 50, 100, 200 or 600 m, depending on the age of the participants.
- Where: Platja de Llafranc
- Day: 13th October
- Starting time: 11:30 AM

2.5.- Last Radikal Standing

- Distance: 50 m of different rounds.
- Where: Platja de Llafranc
- Day: 13th October
- Starting time: 12:15 AM
- No neoprene

2.6.- Radikal Relays

- Distance: from 400 to 800m (aprox). Distance will be confirmed during the briefing of the race.
- Where: Platja de Llafranc
- Day: 13th October
- Starting time: 1:00 PM
- Finishing time: 1 hour

3.- PARTICIPANTS

For the races of 7.0, 3.5 and 2.0 km, any person of any nationality born after 2006 can participate (recommended for those over 18 years). Those participants under 18 years must provide the federative license from the Catalan Swimming Federation and the parental or tutoring authorization during the registration process. Swimmers under 18 years could not participate if the authorization is not delivered to the swimming organization.

For the Radikal ocean52 7.0 and 3.5 races, the organization recommends that all participants should have previously completed a swimming distance of 3000 meters, or they should have been able to swim 1500 m in less than 40 min, in the last two years.

All participants should be in optimal health conditions and appropriately trained to perform the test due to the hard swimming conditions (Track, water temperature, sea currents, etc.)

3.1.- RACE NUMBER PICK UP

The race number pick up will take place 11th October 2024 from 5:00 to 9:00 h PM within Platja de Llafranc. A friend, family member, or a companion can also pick it up with the ID person's (a photo or photocopy of the ID is valid). There is also the option to pick it up on early Saturday, 12th October, within the Platja of Llafranc:

- From 7:15 to 8:00 AM for the 7.0 and 3.5 swimming races.
- From 9:30 to 10:30 AM for the 2.0 swimming races.

4.- EQUIPACIÓN

The organization recommends the use of wetsuits since the water temperature on Costa Brava in October has historically been between 20 and 21 °C. In addition, the duration of the race may extend two hours, depending on sea conditions. Wetsuits help to prevent hypothermia and

jellyfish stings. However, participants may exceptionally use conventional swimsuits at their own risk.

For safety and participant tracking reasons, it is necessary and mandatory to use the cap provided by the organization during any of the races, as well as the identification chip and bracelet. All materials will be provided at the race number pickup.

The organization will allow the use of water-resistant watches or GPS devices.

No auxiliary training, flotation, or propulsion equipment is allowed during the event. The use of water-resistant MP3 players or similar devices (which hinder safety conditions during the event) is also restricted.

The organization recommends the use of a swimming buoy. Participants must use a swimming buoy if they bring their own provisions.

4.1.- CHIP RENTAL

All participants who do not have their own **YELLOW “Champion Chip”** timing chip must rent one for any of the “RADIKAL OCEAN 52” races. The timing chip must be returned at the finishing line. Participants should rent the timing chip during the registration process, which involves an additional cost of 3 €.

5.- INSCRIPCIÓN

The registration process starts on December 22nd, 2023. Registration deadline is upon October 6th, 2024, at 11:59 PM or when reaching a sold out based on a maximum of:

- 600 participants for the Radikal ocean52 7.0
- 375 participants for the Radikal ocean52 3.5
- 450 participants for the Radikal ocean52 2.0

All participants should fill the registration form by accepting the safety protocol as well as rules and race regulations.

Registration for “RADIKAL OCEAN 52” registration is personal and non-transferable. Once registration has been completed, participants could not transfer their participation rights to other persons. The registration implies the acceptance of race regulations and the compliance of the safety rules.

Registration is carried out through the Radikal Swim website (www.radikalswim.com) by filling the Championship registration form and making the payment via the payment gateway using a debit/credit card. The registration will be formalized once the registration fee payment is done.

Registration includes:

- The right to participate in the race.
- Boat transfer from Llafranc to Illes Formigues (only for the **Radikal ocean52 3.5**).
- Assistance during the event (boat support, aquatic lifeguards, and kayaks) – (SVA ambulance, SVB ambulance, PMA).
- Provisions before and after the races.
- The right to participate in additional activities scheduled for Saturday 12th and Sunday 13th, October 2024 at a special price.
- Breakfast on Sunday, 13th 2024 (hot chocolate and croissants)
- Official cap of the Radikal ocean52 2024.

- Official gift of the Radikal ocean52 2024.
- Finisher badge.
- Free event photos.
- Briefing for any of the three races on Friday 11th at 8 PM.
- Accompaniment by Radikal Angels Swimmers during any of the three races.
- Wardrobe service upon arrival for participants.
- Physiotherapy service at the end of the races.
- Discounts on accommodations in the municipality of Palafrugell.
- Accident insurance.

5.1.- PRICES

RADIKAL OCEAN52 7.0		
22-12 al 31-01	Maximum 100 registrations	63,00 €
01-02 al 30-06	Maximum 100 registrations	66,00 €
01-07 al 06-10	Maximum 400 registrations	71,00 €
RADIKAL OCEAN52 3.5		
22-12 al 31-01	Maximum 100 registrations	63,00 €
01-02 al 30-06	Maximum 100 registrations	66,00 €
01-07 al 06-10	Maximum 175 registrations	71,00 €
RADIKAL OCEAN52 2.0		
22-12 al 31-01	Maximum 100 registrations	39,00 €
01-02 al 30-06	Maximum 100 registrations	41,00 €
01-07 al 06-10	Maximum 250 registrations	43,00 €

- **Radikal Relays:**
Registration prices:
 - o 7 €/px for participants in any of the three Radikal Ocean52 modalities 7.0, 3.5 or 2.0.
 - o 15 €/px if not registered in any of the three Radikal Ocean52 modalities 7.0, 3.5, or 2.0 modalities.
 - o To apply the reduced price, it is mandatory to fill the registration form with the registration number of any of three modalities 7.0, 3.5, or 2.0.
- **Last Radikal Standing:**
Registration prices:
 - o 5 €/px for participants in any of the three Radikal Ocean52 modalities 7.0, 3.5 or 2.0.
 - o 15 €/px if not registered in any of the three Radikal Ocean52 modalities 7.0, 3.5, or 2.0 modalities.

- To apply the reduced price, it is mandatory to fill the registration form with the registration number of any of three modalities 7.0, 3.5, or 2.0.
- **Radikal Kids:**
 - Pay at will (solidary donation to the “Fundació Oncolliga Girona”)

5.2.- CANCELLATION SERVICE

The organization will provide to participants a cancellation service for a fee of 10 €. If the fee is paid during the registration process, the registration fee will be reimbursed in case of inability to participate in the race – no matter the reason –by sending an email to radikal@radikalswim.com. The reimbursement of the fee will be carried out according to the following conditions:

- **Until 31/08/2024: 100% reimbursement of the registration fee.**
- **Until 15/09/2024: 50% reimbursement of the registration fee.**
- **From 16/09/2024 onwards: No reimbursement of the registration fee.**

However, the individual cancellation service does not include refunds for any swimming track changes or race cancellations beyond the organization's control. It should be remarked that the organization will not refund the registration fee if the event is forced to be canceled or modified due to bad weather or other circumstances beyond the organization's control.

For Radikal Relays, Last Radikal Standing, and Radikal Kids, the cancellation service will not be available. No refunds will be made for any of these events. It should be noted that, as previously indicated, the registration fee for Radikal Kids will be entirely donated to the Oncolliga Girona Foundation as a charitable contribution.

5.3.- REGISTRATION CHANGES AND MODIFICATION SERVICE

The organization reserves the right to change registrations for a fee of 10 € up to 20 days before the event, by sending an email to radikal@radikalswim.com.

6.- CATEGORIES

The categories and ages for participation are as follows:

CATEGORIES: MALE and FEMALE

Category	Age range	Birth year
General	All	All
Junior	Until 17	Up to 2007
Master +30	30 - 39	1994 to 1985
Master +40	40 - 49	1984 to 1975
Master +50	50 - 59	1974 to 1965
Master +60	60 - 69	1964 to 1955
Master +70	> 70	1954 to

*All age ranges are included in the General category.

Age ranges are of the year, from January 1st to December 31st, 2024.

7.- SAFETY CONDITIONS

Swimmers will be assisted by kayaks and support boats. Motorized support boats will maintain a safety distance, which may vary depending on sea conditions.

The organization will designate kayaks equipped with reflective vests to properly assist swimmers. Additionally, support boats will help to ensure the safety of the event, as well as boats with specialized crews to assist athletes in the water.

With the aim of ensuring the swimmer safety, the number of boats and kayaks may be adjusted based on the final number of participants.

8.- PROVISIONING

The organization will provide with provisioning stations to participants of the Radikal ocean52 at the beginning of the swim (liquid) and at the end of the swim (liquid and solid). Participants must use a swimming buoy if they wish to use their own provisioning and/or supplies.

9.- ARRIVAL

Upon arrival, participants are required to return their identification chip (white chip). The organization is not responsible for the ranking of swimmers who arrive without identification chip.

Swimmers who do not finish the race, must notify their decision to the organization as soon as possible. They will also need to return their identification chip to the organization.

10.- SWIMMERS SAFETY OBLIGACIÓN A FINALIZAR EL RETO

With the aim of ensuring swimmers safety, the organization reserves the right to drop participants out of the water. Some examples are given below:

- Sea conditions worsening that hinder safety swimming conditions
- Whenever a swimmer shows signs of extreme fatigue, dehydration, hypothermia, extremely slow pace, or any other sign that prevents safety swimming conditions.
- Swimmers who do not follow the organization's safety instructions, as well as swimmers who are outside the safety limits defined by the kayaks.
- When a swimmer gives the distress signal by raising one or both arms.
- When the participant exceeds the established time limit.

Boat crews will work to ensure safety swimming conditions and may drop swimmers out to guarantee their safety.

11.- RACE MODIFICATION/CANCELLATION

In case of sea conditions worsening or other phenomena (such as jellyfish banks, strong currents, etc), the organization reserves the right to modify the original swimming route and decided one of the pre-selected alternative tracks. In case of being impossible to safely swim with the provided alternative tracks, the organization will proceed to cancel the event. Under these conditions, the registration fee will not be refunded. The event will not be either postponed to another date.

13.- RADIKAL KIDS

- Where: Platja de Llafranc
- Day: 13th October 2024
- Time: 11:30 h
- Participants: Parents or legal tutors declare that the participant is in physical and mental conditions to participate in the event and accept their participation under their responsibility. The organization recommends to not participate if participants do not feel capable enough for completing the swim.
- Equipment: The organization recommends the use of swimming goggles and wetsuits. For safety and tracking purposes, participants must wear the swimming cap provided by the organization. Participants could use auxiliary training, flotation, or propulsion equipment, if needed.

- Registration: Registration opens on Desember 1st, 2023, and ends on October 5th, 2024, at 24:00 (unless the maximum limit established by the organization has been reached). Swimmers who wish to participate in the event must fill out the registration form, by accepting the event regulations, and the safety protocol. Registration is completed through the Radikal Swim website (www.radikalswim.com) by filling out the championship registration form and making the payment via the payment gateway using a debit/credit card. Registration is considered complete upon payment of the registration fee.

Registration fee: 10€. The organization will donate 100 % of the registration fees to the FUNDACIÓ ONCOLLIGA GIRONA, after covering expenses. Registration includes:

- The right to participate in the swimming
 - Assistance during the event.
 - Official Radikal Kids swimming cap
 - Provisioning after completing the swim
 - Arrival gifts
 - Access to additional activities scheduled for the weekend of October 12th and 14th 2024.
- Distances and Categories: The categories and age groups for participation are as follows:
 - “Pre-Benjamines”: 7 - 8 years old (2017 - 2016) – 50 m
 - “Benjamines”: 9 - 10 years old (2015 - 2014) – 100 m
 - “Alevines”: 11 - 12 years old (2013 - 2012) – 200 m
 - “Infantiles”: 13 - 16 years old (2011 - 2008) – 800 m

Ages are based on the year they turn or turned in 2024, from January 1st to December 31st, 2024.

- Safety Measures: Swimmers will be accompanied by kayaks and support boats. Motorized support boats will always maintain a safe distance, varying according to sea conditions.
- Provisioning: The organization will provide liquid provisioning to Radikal ocean52 KIDS participants after completing the event.

14.- LAST RADIKAL STANDING

- Where: Platja de Llafranc.
- Day: 13th October 2024
- Time: 12:00 h
- Participants: The fee will be 5 € for those swimmers participating in the Radikal ocean52 in any of the three distances, 7.0,3.5 or 2.0 km, and 15 € for those swimmers that do not participate Radikal ocean52 in the 7.0, 3.5 and 2.0 km Radikal ocean 52 event.
- Distance: 50 m of elimination rounds until only participant remains left.
- Race number pick up: Sunday 13th within the Platja the Llafranc Village from 11:00 AM to 11:30 AM.
- Equipment: The organization recommends the use of swimming goggles. For safety and tracking purposes, participants must wear the swimming cap provided by the organization
 - The use of wetsuits is not allowed.
- Registration: Registration opens on February 1st, 2024, and ends on October 5th, 2024, at 24:00 (unless the maximum limit established by the organization has been reached). Swimmers who wish to participate in the event must fill out the registration form, by accepting the event regulations, and the safety protocol. Registration is completed through the Radikal Swim website (www.radikalswim.com) by filling out the championship registration form and making the payment via the payment gateway using a debit/credit card. Registration is considered complete upon payment of the registration fee.

Registration fee:

- 5 € for those participating in the Radikal ocean52 in any of the three distances, 7.0, 3.5 or 2.0 km.
- 15€ for those that do not participate in the 7.0, 3.5 and 2.0 km Radikal ocean 52 event.

Fee includes the 3 € chip rental, if need.

Registration includes:

- The right to participate in the swimming
- Assistance during the event
- Official swimming cap
- Provisioning after completing the swim
- Raffles
- Categories and prizes will be as follows:
 - General female
 - General male
 - Master female*
 - Master male*

*Master category includes people over 30 years old. That is people born in 1994 (included) or before. Ages are based on the year they turn or turned in 2024, from January 1st to December 31st, 2024.

- Security: swimmers will be assisted by kayaks and support boats. Motorized support boats will maintain a safe distance, which may vary under sea conditions.

15.- RADIKAL RELAYS

- Where: Playa de Llafranc.
- Day: Sunday 13th October 2024.
- Hora: 12:45
- Distance: Swimmers will swim a distance of 400 to 800 m. Distance will be confirmed during the event briefing.
- Participants: The fee will be 7 € for those swimmers participating in the Radikal ocean52 in any of the three distances, 7.0, 3.5 or 2.0 km, and 15 € for those swimmers that do not participate Radikal ocean52 in the 7.0, 3.5 and 2.0 km event. Teams must consist of 4 people.
- Race number pick up: Sunday 13th within the Platja de Llafranc Village from 11:00 AM to 11:30 AM.
- Equipment: The organization recommends the use of swimming goggles and wetsuits. For safety and tracking purposes, participants must wear the swimming cap provided by the organization.
- Registration: Registration opens on February 1st, 2024, and ends on October 6th, 2024, at 24:00 (unless the maximum limit established by the organization has been reached). Swimmers who wish to participate in the event must fill out the registration form, by accepting the event regulations, and the safety protocol. Registration is completed through the Radikal Swim website (www.radikalswim.com) by filling out the championship registration form and making the payment via the payment gateway using a debit/credit card. Registration is considered complete upon payment of the registration fee.

Registration fee: 28 €/team*

For those members of the team that do not participate in the 7.0, 3.5 and 2.0 km Radikal ocean 52 event, should pay 15 €.

Registration includes:

- The right to participate in the swimming
- Assistance during the event
- Official Radikal Relays swimming cap
- Provisioning after completing the swim
- Categories and prizes will be as follows:
 - Female relays
 - Male relays
 - Both, female and male relays (included those teams where, at least, of the participants represents a different gender)
- Security: swimmers will be assisted by kayaks and support boats. Motorized support boats will maintain a safe distance, which may vary under sea conditions.

16.- PERSONAL DATA

In compliance with the provisions of Organic Law 15/1999 of December 13, on the Protection of Personal Data ("LOPD") and Law 34/2002 of July 11, on Information Society Services and Electronic Commerce, Radikal Swim Club with NIF G65585697 informs, and you agree with follows:

- All personal data provided by you through the data collection forms on the website www.radikalswim.com will be incorporated into an automated personal data file under the responsibility of Radikal Swim. The purpose of creating this file, which is treated confidentially, is to:
 - Manage your participation in Radikal Ocean52.
 - Manage information from the event, especially schedules, photographs, and videos.
 - Conduct statistical analysis of participants to provide feedback with the aim improve event organization and perform appropriate changes.
 - Promote or advertise activities, services, and products offered by Radikal Swim's collaborating entities, as well as sponsors of Radikal Ocean52.
- By consenting to the registration process and the corresponding form for any of the events, you expressly authorize the transfer of your personal data requested for the aforementioned purposes to Radikal Swim.
- In any case, you may revoke your consent at any time and exercise your rights of access, rectification, cancellation, and opposition by notifying Radikal Swim via email at radikal@radikalswim.com.

17.- AUTHORIZATION FOR USE OF IMAGES

Given the right to one's own image is recognized in the Article 18.1 of the Constitution and regulated by Law 5/1982 of May 5, on the Right to Honor, Personal and Family Privacy, and the Right to One's Own Image, Radikal Swim Club requests consent from athletes or parents/legal tutors of minors to publish photographs where these athletes or their children are clearly identifiable. Athletes or parents/legal tutors of minors agree that by registering for the Radikal Ocean52 event, their or their children image may appear in photographs or videos taken during the event organized by Radikal Swim Club, including:

- Websites
- Marketing and publicity videos
- Magazines or publications

- Digital presentations
- Social media
- Graphic material